



# Compression Stockings Measuring Guide

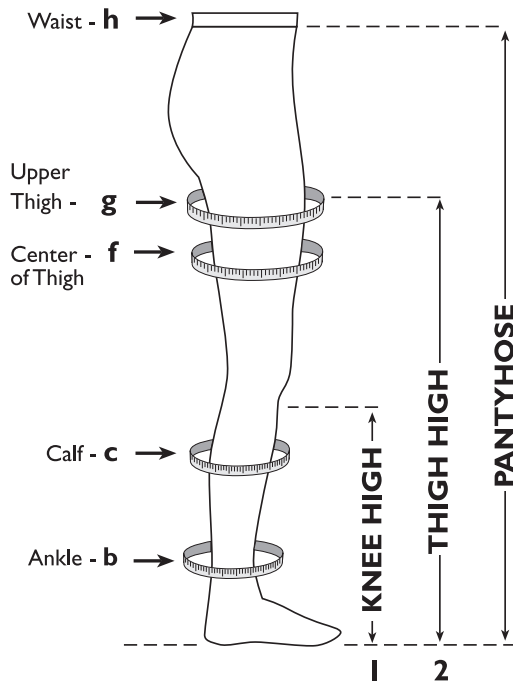
Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Phone: \_\_\_\_\_ DOB: \_\_\_\_\_

Physician Name (printed): \_\_\_\_\_ Physician Ph: \_\_\_\_\_

**Stocking Style:**    Knee High    Thigh High    Pantyhose    Socks

**Measurements:** Measurements should be taken first thing in the morning when the legs are the least swollen. Take measurements for the selected style at the points listed below. Measure in inches at the widest point.



### Knee High / Socks

\_\_\_\_\_ Right Ankle (b)  
 \_\_\_\_\_ Left Ankle (b)  
 \_\_\_\_\_ Right Calf (c)  
 \_\_\_\_\_ Left Calf (c)  
 \_\_\_\_\_ Length (l)  
 \_\_\_\_\_ Shoe Size

### Pantyhose

\_\_\_\_\_ Right Ankle (b)  
 \_\_\_\_\_ Left Ankle (b)  
 \_\_\_\_\_ Right Calf (c)  
 \_\_\_\_\_ Left Calf (c)  
 \_\_\_\_\_ Right Thigh (f)  
 \_\_\_\_\_ Left Thigh (f)  
 \_\_\_\_\_ Right Upper Thigh (g)  
 \_\_\_\_\_ Left Upper Thigh (g)

### Thigh High

\_\_\_\_\_ Right Ankle (b)  
 \_\_\_\_\_ Left Ankle (b)  
 \_\_\_\_\_ Right Calf (c)  
 \_\_\_\_\_ Left Calf (c)  
 \_\_\_\_\_ Right Thigh (f)  
 \_\_\_\_\_ Left Thigh (f)  
 \_\_\_\_\_ Length (2)

**Ultra Sheer Support:** 9-12 mm Hg • H11xy, H12xy, H13xy

**Sheer Therapy®:** 15-20 mm Hg • H21xy, H22xy, H23xy

SIZE	Ankle (b)	Calf (c)	Mid-Thigh (f)	Upper Thigh (g)
<b>A</b>	7 - 8"	11 - 12 1/2"	16 1/4 - 18 1/4"	17 1/4 - 19 1/2"
<b>B</b>	8 - 9 1/2"	12 1/2 - 14 1/4"	18 1/4 - 19 3/4"	19 1/2 - 21 3/4"
<b>C</b>	9 1/2 - 11"	14 1/4 - 16"	19 3/4 - 21 1/2"	21 3/4 - 24 1/2"
<b>D</b>	11 - 12 1/2"	16 - 17 3/4"	21 1/2 - 24 1/2"	24 1/2 - 27 1/2"
<b>Q</b>	12 1/2 - 14"	17 3/4 - 19 3/4"	24 1/2 - 28"	27 1/2 - 31"

**Graduated Therapy:** 20-30 mm Hg • H31xy, H32xy, H33xy

SIZE	Ankle (b)	Calf (c)	Mid-Thigh (f)	Upper Thigh (g)
<b>S</b>	6 1/4 - 7 1/4"	11 - 13 1/2"	15 - 19"	16 - 20 1/2"
<b>M</b>	7 1/2 - 9"	13 - 15 1/2"	18 1/2 - 22"	20 - 24 1/2"
<b>L</b>	9 1/4 - 10 3/4"	15 - 17 1/2"	21 1/2 - 25"	24 - 29 1/2"
<b>XL</b>	11 - 12 1/2"	17 - 19 1/2"	24 - 30"	29 - 33 1/2"

### Anti-Embolism:

18 mm Hg

Thigh High, Inspection Toe: H521

Size	Calf (c)	Length (2)
<b>SM</b>	10 - 12"	28" or less
<b>MD</b>	11 - 13"	28 - 30"
<b>LG</b>	12 - 15"	30 - 32"
<b>XL</b>	13 - 17"	30 - 34"

**Soft Fit Graduated Therapy:** 20-30 mm Hg • H37xy, H38xy, H39xy, H30x, H304

SIZE	ANKLE (b)	CALF (c)	THIGH (f)	WAIST (h)	LENGTH (3)	LENGTH (1)
<b>SM</b>	6 1/4 - 7 1/4"	10 - 13"	15 - 18"	Up to 30"	21 - 27"	11 - 15"
<b>MD</b>	7 - 8 1/2"	11 1/2 - 14"	17 1/2 - 20 1/2"	Up to 33"	23 - 29"	12 - 17"
<b>LG</b>	8 1/2 - 10"	12 1/2 - 15"	20 - 23"	Up to 36"	25 - 31"	13 - 18"
<b>XL</b>	10 - 11 1/2"	13 1/2 - 16"	22 1/2 - 25 1/2"	Up to 38"	27 - 33"	14 - 19"
<b>Q/XXL</b>	11 - 12 1/2"	14 1/2 - 17"	25 - 28"	Up to 44"	29 - 35"	16 - 21"
<b>XXXL</b>	12 1/2 - 13 3/4"	16 1/2 - 20 1/4"	—	—	16 - 21"	16 - 21"
<b>XXXXL</b>	13 3/4 - 15"	20 - 24"	—	—	16 - 21"	16 - 21"

### Men's & Women's Dress Socks:

15-20 mm Hg • 20-30 mm Hg

Men's: H24, H25, H34, H35

Women's: H26, H27, H28

Athletic: H312, H313

Size	Ankle (b)	Calf (c)
<b>SM</b>	6 1/4 - 7 1/4"	11 - 13 1/2"
<b>MD</b>	7 1/2 - 9"	13 - 15 1/2"
<b>LG</b>	9 1/4 - 10 3/4"	15 - 17 1/2"
<b>XL</b>	11 - 12 1/2"	17 - 19 1/2"

### Anti-Embolism: 18 mm Hg

Knee High, Open Toe: H504

Knee High, Closed Toe: H53

Thigh High, Open Toe: H59

Thigh High, Closed Toe: H520, H54

Size	Ankle (b)	Calf (c)
<b>SM</b>	6 1/2 - 8"	10 1/2 - 14 1/2"
<b>MD</b>	8 - 9 1/2"	11 1/2 - 15 1/2"
<b>LG</b>	9 1/2 - 11"	12 1/2 - 17"
<b>XL</b>	11 - 12 1/2"	13 1/2 - 17 1/2"



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